 Abbotsford Program Schedule 2021 - 2022

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| **Program** | **Day of week** | **Venue** | **Head Coach** | | **Dates** |
| **Winter Sport** | | | | | |
| Bowling 5 Pin | Sunday 6:30 – 8:30pm | Galaxy Bowling | Leslie Bowling | September - April | |
| Bowling 10 Pin | Saturday  10:30 – 12:30pm | Zone Bowling  (Coquitlam) | Evelyn Robinson | October - April | |
| Aquatics (Swimming) | Saturday 4:00 - 5:30pm  Thursday 6:00 – 7:00pm | ARC  MRC  (competitive) | Rita Wakely | September – March  September - June | |
| Curling | TBA | Abbotsford Curling Club | Cheryl Marsh | October – Feb | |
| Speed Skating | Mon & Friday 4:30 – 5:30pm  Mon, Wed & Fri. 5:45 – 6:45pm | ARC | Donna Bilous | September – March | |
| Club Fit | Monday 4:45 – 5:45pm | ARC | Tom Norton | October to March | |
| Figure Skating | Saturday  8:15 - 9:30am | Mission Leisure  Centre | Nicole Ginter | October - March | |
| Powerlifting | Saturday 12:00 – 1:45pm | TBA | Colleen Moore | September - June | |
| Floor Hockey | Wednesday 6:00 – 7:30pm | Ag Rec Building | Bruce Watkins | October - March | |
| Basketball | Monday 6:30 – 8:30pm | WA Fraser | Kara Haveman | October – March | |
| Rhythmic Gym | Wednesday 5:00 – 8:00pm | Emmanuel Mennonite  Church | Nancy Bergen | October to March | |
| Active Start/  FUNdamentals | Wednesday  6:30 – 7:30 | Seniors room  MRC | Amy Gravelle | October to March | |
| **Summer Sport** | | | | | |
| Soccer | Wednesdays 6:00 – 7:30pm | Abby Middle Field | Roshan Gosal | | April - June |
| Softball | Monday  5:00 – 8:00pm | Crossley Park | Brian Gaudet | | April - June |
| Athletics (Track & Field) | Saturday 10:00 – 12:00pm | Rick Hansen Secondary | Tom Norton | | April - June |
| Golf | Saturday  3:00 – 5:00pm | Valley Golf  Centre | Brian Gaudet | | April – June |
| Bocce | Sunday  6:00 – 7:30pm | Yale Oval | Leslie Bowling | | April - June |